



Mourne Gymnastics Competition & Events Plan

January	GIAGO - Level 1 & 2
February	GIAGO - Hand app, Teamgym, P&B
March	Wild and Wacky Challenges
May	Derek Clark - Levels 1-5 (JDC / DC)
November	GIAGO Level 3,4 & 5

Banbridge Leisure Centre



Competition Dates

November 23rd 2025 - GIAGO Level 3,4 & 5

Closing Date 7th November 5.30pm

January 25th 2026 - GIAGO - Level 1 & 2

Closing Date 16th January 5.30pm

February 22nd 2026 - GIAGO - Hand app, Teamgym, P&B

Closing Date 16th February 5.30pm

March 29th 2026 - Wild n Wacky Challenge

Closing Date 13th March 5.30pm

May 17th 2026 - Derek Clark - Levels 1-5 (JDC / DC)

Closing Date 1st May 5.30pm

Competition Plan

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VENUE INFORMATION



Directions

Banbridge Leisure Centre:
15 Downshire Place,
BT32 3JY

[Banbridge leisure centre maps link](#)

Car Parking

Limited parking available at the Leisure Centre.

It is recommended to use two other free car parks close by;

- There is one across the road and the other 5 mins walking distance.

Venue Entrance

Please use the main leisure centre entrance. Upon entering you will be guided to a specific allocated door, which door will be released closer to the time of the event. There can be up to 4 doors to enter the hall on busy days.

- Main Hall External Fire Exit to left of Centre entrance
- Main Hall Internal Fire Exit opposite reception desk.
- First Main Hall Door
- Second Main Hall door at bottom of corridor.

Facilities

There is a resident Cafe called Cafe incredABLE each time you choose to dine at the cafe you are making a difference to the lives of individuals with learning / intellectual difficulties and / or autism.

Hotels

There are a few hotels in Newry and Banbridge with next closest being Lisburn.

Newry

Canal Court

Flag staff Lodge

Mourne Country Hotel

Banbridge

Belmont Hotel

Bannville hotel

Lisburn

Premier Inn

SPECTATORS INFORMATION



Gymnasts and Competition Officials

Those who are entered and competing or those who are judging are not required to purchase a ticket.

Spectator Ticket Fee

The venue holds a seating allocation of 300 spaces.

- £5 per Adult,
- £2 per Child and
- £12.00 per Family above 3 individuals.

This will be collected at the allocated door entry by a member of the competition team.

We can now accept card payments on the day as well as cash.

MEDIA INFORMATION

Our events team will be taking photographs throughout the day for posting on social media. Whilst efforts will be made across the day to respect everyone's privacy preferences, it may not be possible to accommodate everyone's preferences.

Spectators will be able to take photography or film, these can not be sold for commercial use and must not use flash photography at any IGA event. There will be a resident professional photographer on site to take stills for purchase.

Some footage may be shared with event sponsors

COACHES ACCREDITATION & GYMNASTS



Coaches must have current Membership with their governing body and qualified at least to Level 2.

It is the responsibility of the club and the coach to ensure appropriate training has been completed by the nominated coach.

Code of Conduct

No breach of the rules, policies or codes of conduct that apply either generally or specifically to the event.

The rules of all events include requirements that clubs and participants will:

- Display high personal standards and a favourable image that is befitting to the role in the sport
- Not endanger the reputation of this event or governing body through inappropriate practices or behaviour
- Display moderate and responsible behaviour at all times
- Be polite courteous and respectful to others
- Use their knowledge as objectively as possible and maintain a scrupulous fairness in their dealings with others.
- Endeavour to dissipate inflammatory situations
- Ensure that differences of opinion or conflicts are dealt with through the proper processes
- Do not abuse, harass, bully or victimise others.
- Will not coach their gymnasts during a routine.

Gymnasts eligibility

All events are for recreational gymnastics levels therefore the gymnast should not be training more than 4 hours per week

HEALTH AND SAFETY



Competition Arrival

We kindly request that all coaches and gymnasts arrive on time, register and go straight to warm up.

Equipment Safety

All equipment will be set up by the leisure centre. It will be checked by our competition organiser and officials before the event commences.

First Aider & Welfare Officer

First Aiders will be provided by the leisure centre staff. Any first aid required must be reported in to the events team.

A Welfare Officer will be available at all our events. If you or anyone have any safeguarding concerns, you can email our governing body directly: safeguarding@igauk.com

WITHDRAWALS, EVENT TIMINGS, SCORES AND RESULTS

Withdrawals - gymnasts with a line through their name or highlighted blue have withdrawn from the event. There will be no refunds for withdrawals.

The final running order will be posted to the clubs ASAP after the closing date.

The results and scores if requested can be emailed. although in general not usually requested as its a recreational event.

GENERAL INFORMATION



- All coaches and gymnasts must be covered through relevant governing body insurance.
- The event host (Banbridge Leisure Centre) will provide all apparatus required; however teams are able to bring their own mini trampettes for team gym event providing it meets the safety requirements and is available for other teams to use.
- If you are bringing your own trampette you must notify the event organiser at the time of entering.
- Set-up of equipment (and safety of equipment) is the responsibility of the event host Banbridge Leisure Centre.
- Coaches may approach the Floor Manager or Head Judge at the event if they do not consider the set-up to be adequate.
- All ages are taken as of on the day of the competition.
- Safety is held in the utmost importance. The choice of skills and composition of routines must never allow difficulty to take preference over technique. The performance should always be suitable to the ability level of each team member.
- Floor Area - this is a non- sprung floor.
- The Give It A Go All Competitions have a full floor area of 10m x 12 m.
- The Wind N Wacky has five 12 x 2 floor strips.
- The Junior and Derek Clark Competition has five 12 x 2 floor strips.
- All equipment is provided by Banbridge Leisure Centre and is under their repair and maintenance regime.

GENERIC WARM-UP



Pulse raiser and stretches will be completed in an allocated area of the floor

WARM UP INFORMATION

Floor orientation - dependant on group size up to 10 min floor orientation

Vault - dependant on group size up to 10 min apparatus orientation

Beam - dependant on group size up to 10 min
Beam orientation - skill practice only

Bars - dependant on group size up to 10 min Bars orientation

Tumbling - dependant on group size up to 10 min
floor / apparatus orientation

ENDORSEMENT

All of our events have been endorsed by Independent Gymnastics Association IGA



JUDGING



Clubs are expected to provide judges.
No Judge No Entry.

If you are entering up to 15 gymnasts you must provide a minimum of one Judge.

If you are entering 16+ Gymnasts you must provide minimum 2 Judges.

The event organisers will place Judges where they request or are best suited due to level of qualification.

Judges must be qualified and have some judging experience.

Trainee Judges will rarely be left unattended.
Unless there are extenuating circumstances.

Why not attend Mourne Gymnastics Recreational Gymnastics Judging Workshops scheduled at various times across the year.

